

Management of Common Psychiatric Disorders Across the Lifespan

October 7, 2022 | DCOM 105 and via Zoom

1 p.m. - Gen Z's Mental Health: Crisis? Or Opportunity? | Leah Snodgrass, MD

2 p.m. - Suicide Risk Assessment in Primary Care | Patrick Jensen, MD

3 p.m. - Trauma Related Disorders in the Primary Care Setting | Justin Lapollo, DO

4 p.m. - Management of Dementia with Behavioral Disturbances | Jason Greenhagen, DO

PROGRAM OBJECTIVES

1 Compare and contrast the mental health issues of Gen Z patients with those of older generations.

2 Explore competent management of suicidal ideations in the primary care setting.

3 Identify potential risk factors that may indicate the presence of an underlying trauma disorder.

4 Understand dementia with behavioral disturbances and the options for treatment.

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SPEAKERS

Leah Snodgrass, MD | Dr. Leah Cobb Snodgrass is an ABPN board-certified physician in child, adolescent and general adult psychiatry who serves as associate professor and chair of behavioral health at Lincoln Memorial University's DeBusk College of Osteopathic Medicine in Harrogate, Tennessee. She is a graduate of the University of Kentucky College of Medicine and completed her internship, residency and child and adolescent psychiatry fellowship at Emory University in Atlanta. Dr. Snodgrass is a native of Middlesboro, Kentucky. She is clinically active in her hometown seeing children, adolescents and young adults.

Patrick Jensen, MD | Dr. T. Patrick Jensen is the medical director for the Consult and Liaison Service at Covenant Health in Knoxville, Tennessee. He is trained and practices ECT as part of the consult service. He serves as an adjunct lecturer at Lincoln Memorial University. He is ABPN board certified.

Justin Lapollo, DO | Dr. Justin Lapollo started his higher education with an appointment to the United States Military Academy at West Point in the summer of 2001. Following the attacks of 9/11 and the subsequent change in Army officer structure, he decided to transfer out of West Point and accepted a full ROTC scholarship at East Tennessee State University (ETSU). He majored in psychology and graduated with a Bachelor's of Science degree in 2005. He attended Virginia College of Osteopathic Medicine at Virginia Tech where he graduated medical school in the top of his class in 2009. He was commissioned as a Captain in the US Army and attended internship and residency at Tripler Army Medical Center in Hawaii. While in residency Dr. Lapollo was named Resident Teacher of the Year by the medical students at the Uniformed Services University of the Health Sciences (USUHS) and later nominated by his faculty and colleagues to serve as the Academic Chief Resident in his final year of residency. After completing residency in 2013 he served in numerous clinical and administrative leadership roles in the Army including Division Psychiatrist at Fort Stewart, Georgia, Deputy Department Chief for the Department of Behavioral Health at Winn Army Community Hospital, Chief Psychiatrist at Guantanamo Bay, and Senior Psychiatrist with the 254th Combat Operational Stress Control Unit providing behavioral health support to forward deployed soldiers in Eastern Europe. He has worked in many psychiatric domains including inpatient, outpatient, forensic, child/adolescent, telepsych, and consultation/liaison.

Jason Greenhagen, DO | Dr. Jason Greenhagen is originally from Tennessee and graduated from LMU-DCOM in 2014. He then completed his general psychiatry residency at Rowan School of Osteopathic Medicine in 2018, where he also held the title of chief resident. After his residency, he specialized in geriatric psychiatry at the New Jersey Institute for Successful Aging. He is licensed to practice in Alabama and Tennessee. His professional interests include maintaining independence and dignity for the elderly as well as working with patients with varying types of dementia.

CME CREDIT

The Lincoln Memorial University-DeBusk College of Osteopathic Medicine (LMU-DCOM) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. LMU-DCOM designates this program for a maximum of 4.0 AOA Category 2-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

The University of New England College of Osteopathic Medicine (UNE COM) is accredited by the Maine Medical Association's Council on Continuing Medical Education and Accreditation (MMA CCMEA) to provide continuing medical education for physicians.

UNE COM designates this educational activity for a maximum of 4.0 AMA PRA Category 1 Credit(s)TM and 4.0 University of New England contact hours for non-physicians. Contact hours may be submitted by non-physician, non-PA health professionals for continuing education credits.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the ACCME through the joint providership of University of New England and LMU-DCOM. University of New England is accredited by the Maine Medical Association to provide continuing medical education for physicians.

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