



*FARRAGUT*  
ENT & ALLERGY

# INDICATIONS AND CONTRA-INDICATIONS FOR IN OFFICE FNL IN THE PRIMARY CARE PRACTICE

Leonard W. Brown, MD FACS

Past Chair Board of Governors

American Academy of Otolaryngology, Head and Neck  
Surgery



# Learning Objectives

The learner will be able to:

- UNDERSTAND THE RATIONALE BEHIND TREATMENT CHOICE
- ACKNOWLEDGE THE BURDEN OF SAFE PRACTICES
- IDENTIFY THE PITFALLS OF IN-OFFICE FLEXIBLE NASOLARYNGOSCOPY IN THE PRIMARY CARE PRACTICE
- EXAMINE THE BENEFITS OF IN-OFFICE FLEXIBLE NASOLARYNGOSCOPY IN THE PRIMARY CARE PRACTICE

# INDICATIONS

- HOARSENESS NON RESPONSIVE TO THERAPY
- HOARSENESS WITH SMOKING HISTORY
- VOICE CHANGE W/ OR W/O SMOKING HISTORY
- SIGNIFICANT POST NASAL DRAINAGE OR SINUSITIS
- CHRONIC COUGH, NON RESPONSIVE TO THERAPY
- GERD
- HEMOPTYSIS OR HEMATEMESIS
- FOREIGN BODY SENSATION
- CHOKING



# CONTRAINDICATIONS



## CONTRAINDICATIONS

- UNCOMFORTABLE WITH THE PROCEDURE
- SUSPICION OF EPIGLOTTITIS
- SUSPICION OF ANGIOEDEMA
- SEVERE AIRWAY DISTRESS
- CARDIAC DISTRESS
- OTHER DISTRESS SITUATIONS WHERE DISCRETION IS THE BETTER PART OF VALOR

# QUESTIONS ?

