Checklist for Implementing Internet PoC in your Practice

This CME activity encourages physician life-long learning, self-direction, self-assessment, reflection and evidence use; active learning interventions with the potential to change practice behaviors and improve health care outcomes.

✓ Register for/log in to the Internet PoC activity, read the PoC instructions, and complete the required webform fields.

✓ Idenitify a topic relevant to your patient population/health care practice which addresses a need in health care (e.g., pain management, hypertension screening, domestic violence screening).

✓ Record your clinical question and description of search process *(we recommend the PICO(T) model: Patient or Population, Intervention, Control, Outcome, and Time.* <u>Ex. of clinical question</u>: How effective is yoga for treating back pain in the elderly?

✓ Search for the answer to your clinical question through the Dr. Lon and Elizabeth Parr Reed Health Sciences (LMU-DCOM) Library EBM resources on http://library.lmunet.edu/medlib. You will need your user name and password provided to you at the time of clinical adjunct faculty appointment. If you need to request your user name and password, please contact Kari Hoskins at kari.hoskins@LMUnet.edu.

✓ Document the EBM resources you used to answer your clinical question, in the online form. Include citations (author, title, date, etc) or copy and paste the url address. Examine author bias, acknowledgements, and institutional affiliations in order to assess source validity.

✓ Provide a brief summary of the answer to your clinical question including how you will apply the findings to your clinical practice /patient care.

✓ Identify if the Internet PoC activity resulted in a change in *Competence* (e.g., demonstrating the ability to apply knowledge), *Performance* (e.g., implementing learned strategies in practice), and/or *Patient Outcomes* (e.g., the end results of particular health practices and interventions).

✓ Complete the brief PoC activity evaluation and ownload your CME certificate for .50 AOA Category 2-B credit or *AMA 0.5 PRA Category 1 Credit™*. 0.5 CME credits may be earned for each qualifying search performed, to a maximum of 20 credits per year.